Type	Note	Dist	Next
	Start of route	0.0	0.0
	DEPART: EASTON - 19 Berwick Rd | 16:00 | 121km to next CONTROL	0.0	0.1
	RIGHT @ T onto Stapleton Rd A432	0.1	0.3
	LEFT @ TL along Stapleton Rd B4058	0.4	0.1
	RIGHT onto traffic island using drop curb, then cross onto SP opp	0.5	0.3
	RIGHT then LEFT xing Stapleton Rd remaining on SP	0.7	0.2
	LEFT xing both Stapleton Rd & M32 on slip	0.9	0.1
	!!Join M32 exit slip at pedestrian xing!! then SO (2ex) @ RBT $ M32 onto on slip then...	0.9	0.2
	Imm fork LEFT onto Stapleton Rd B4058 - follow to A4174	1.1	4.4
	SO @ TL to HAMBROOK using cycle access !!Xing A4174!!	5.5	0.6

5.5 kilometers. +51/-19 meters

Type	Note	Dist	Next
	LEFT (SO) on RH bend $ Rudgeway B4427 & motorbike test centre	6.1	1.5
	LEFT then RIGHT @ TL $ Rudgeway B4427. Xing B4057	7.6	5.7
	RIGHT then LEFT @ stg X $ITCHINGTON. Xing B4059	13.4	1.7
	LEFT on RH bend $ GROVESEND	15.0	2.8
	RIGHT @ T $ Gloucester A38 then...	17.8	0.1
	Imm SO @ TL along A38 - follow to Gloucester	17.9	28.3
	LEFT (1ex) @ RBT $ Gloucester A38	46.2	0.5
	Fork LEFT $ HARDWICKE & QUEDGELEY B4008 - follow to A38	46.8	3.1
	Fork LEFT into bus lane imm before A38 junction	49.8	0.3
	RIGHT @ [x] after KFC	50.1	0.1
	LEFT @ TL $ Ross onto A430 - follow to A417	50.2	4.0

44.7 kilometers. +278/-312 meters

Type	Note	Dist	Next
	LEFT $ other routes onto !!A417 - dual carriageway!!	54.2	0.6
	SO (2ex) @ RBT $ Ledbury A417 !!Xing A40!!	54.8	8.6
	RIGHT $ UPTON ON SEVERN B4211 - follow to becoming A4104	63.5	17.2
	SO (1ex) @ mRBT $ Malvern B4211 - follow to WORCESTER becoming B4424	80.7	12.3
	RIGHT (2ex) @ RBT $ WORCESTER !!A449!!	93.0	0.9
	SO (2ex) @ RBT $ WORCESTER (WEST) A449 !!Xing A4440!!	93.9	0.9
	SO (2ex) @ RBT $ WORCESTER (WEST) B4206. 24hr Serv opp	94.8	1.5
	SO @ TL $ Leominster	96.3	0.2
	RIGHT @ TL $ city centre A44	96.5	0.1
	1st LEFT into Henwick Rd B4206	96.6	1.2

46.4 kilometers. +330/-312 meters

Type	Note	Dist	Next
	LEFT @ T along Henwick Rd onto A443	97.8	8.5
	Fork RIGHT (2ex) on LH bend $ Stourport B4196	106.2	7.2
	Fork LEFT $ BEWDLEY B4194 - follow to	113.4	7.1
	LEFT (SO) @ T then...	120.5	0.0
	Imm RIGHT after clock onto B4190	120.5	0.2
	Fork LEFT imm before bridge onto cobbles. Tesco on left	120.7	0.0
	CONTROL: BEWDLEY [FREE] - collect receipt | 20:50-00:28. 101km to next CONTROL.	120.7	0.2
	LEFT into Dog Ln	120.9	0.2
	RIGHT @ T $ KINLET B4194	121.1	7.5
	RIGHT $ KINLET B4194	128.6	1.2
	RIGHT @ T $ BRIDGNORTH B4363	129.8	14.7
	LEFT @ T $ TOWN CENTRE onto B4373	144.5	0.6

47.9 kilometers. +637/-621 meters

Type	Note	Dist	Next
↑	SO (1ex) @ mRBT	145.1	0.1
→	RIGHT (2ex) @ mRBT $ TOWN CENTRE	145.2	0.1
↑	SO (2ex) @ mRBT into OWS	145.2	0.2
←	LEFT @ X $ BROSELEY B4373 - follow to	145.5	9.4
←	Fork LEFT $ BROSELEY along B4373	154.9	0.6
←	LEFT (1ex) @ mRBT into High St	155.5	0.2
↑	SO (1ex) @ mRBT along High St B3475	155.7	0.6
→	RIGHT $ IRONBRIDGE imm after Benthall $	156.3	1.2
!	!!SHARP RIGHT at bottom of descent!! then...	157.5	0.1
←	Imm LEFT xing The Iron Bridge !!Gate - dismount when xing if necessary!!	157.6	0.1
←	LEFT @ T $NCN45 rejoining road	157.7	0.7
→	RIGHT (2ex) @ mRBT into Dale End	158.4	1.4

13.9 kilometers. +210/-224 meters

Type	Note	Dist	Next
↑	Continue onto Jiggers Bank	159.8	1.3
↑	SO (2ex) @ RBT $ Horsehay A5223	161.1	0.4
↑	SO (1ex) @ RBT along A5223	161.5	0.7
←	LEFT (1ex) @ RBT $ LAWLEY A5223	162.2	0.9
←	1st LEFT into Stainburn Rd	163.1	0.6
←	LEFT @ T	163.7	2.7
↑	SO @ TL into Mill Bank. PH on left, xing B5061	166.4	0.4
→	Fork RIGHT on LH bend $ Wrekin College	166.8	0.5
↑	SO (2ex) @ mRBT $ Whitchurch	167.3	0.7
↑	SO (1ex) @ mRBT along Whitchurch Rd	168.1	0.2
→	RIGHT on LH bend along Whitchurch Rd	168.2	0.6
→	RIGHT (SO) on LH bend onto SP !!Barrier!!	168.9	0.4
↑	SO rejoining road then...	169.3	0.1

10.8 kilometers. +121/-133 meters

Type	Note	Dist	Next
↑	SO (2ex) @ RBT $ Whitchurch A442. 24hr Serv on left	169.3	6.1
→	Fork RIGHT $ GT BOLAS & CHILD'S ERCALL. PH on right	175.4	3.2
←	LEFT $ EATON UPON TERN & CHILD'S ERCALL	178.6	2.4
→	RIGHT $ CHILD'S ERCALL	181.0	2.2
←	LEFT @ T $ CHILD'S ERCALL	183.2	0.1
→	RIGHT @ T $ MKT DRAYTON	183.3	3.5
↑	SO @ X $ Cheswardine !!Xing A41!! PH on left	186.8	1.4
←	LEFT @ T $ MKT DRAYTON onto A529	188.1	5.6
→	RIGHT (2ex) @ mRBT into Frogmore Road A529	193.7	0.4
←	LEFT (1ex) @ mRBT $ all other traffic along A529 - follow to A53	194.1	0.8
↑	SO (2ex) @ RBT $ AUDLEM A529 !!Xing A53!!	194.9	9.5

25.6 kilometers. +181/-165 meters

Type	Note	Dist	Next
→	RIGHT @ X $ Newcastle & NANTWICH !!A525!!	204.4	0.2
←	LEFT $ NANTWICH A529. CH opp	204.6	4.6
→	RIGHT on LH bend $ Crewe B5071	209.2	2.6
↑	SO @ X $ Crewe B5071. PH opp	211.8	0.9
→	RIGHT $ Cheshire Cycleway into Wrinehill Rd. Serv on left	212.8	1.2
←	LEFT $ HOUGH	213.9	2.1
↑	SO @ dbl X $ Cheshire Cycleway	216.0	1.3
→	RIGHT @ grn T $ Cheshire Cycleway	217.3	0.5
←	1st LEFT @ [x] $ dead end	217.8	0.4
→	RIGHT onto SP - follow edging A5020 bypass to Texaco Serv	218.2	2.8
←	LEFT onto Beswick Drive	221.0	0.0
↺	CONTROL: CREWE 24hr Serv | 00:50-07:28 | 135km to next CONTROL	221.1	0.0

26.2 kilometers. +97/-113 meters

Type	Note	Dist	Next
←	LEFT @ T onto A5020	221.1	0.1
←	LEFT (1ex) @ RBT $ CREWE TOWN CENTRE A534 - follow thru to NANTWICH	221.2	6.2
↑	SO (3ex) @ RBT $ NANTWICH B5538 !!Xing A51!!	227.4	1.5
→	RIGHT (3ex) @ mRBT $ TOWN CENTRE onto B5074	229.0	0.5
←	LEFT @ TL $ TOWN CENTRE	229.5	0.7
↑	SO @ TL into Welsh Row. Xing B5341	230.2	0.5
←	LEFT into Marsh Lane. Dentist on left	230.7	8.1
←	LEFT $ WHITCHURCH. Grn on left	238.7	1.9
←	LEFT $ HOLLYHURST & WHITCHURCH under railway bridge	240.6	2.1
←	LEFT @ grn $ WHITCHURCH	242.7	1.8
←	LEFT @ T $ WHITCHURCH	244.5	2.8

23.5 kilometers. +144/-86 meters

Type	Note	Dist	Next
←	LEFT @ X into Brownlow Street B5395	247.3	0.4
↑	SO @ TL along B5395. PH on left	247.7	0.2
←	LEFT (1ex) @ mRBT along B5395. Serv opp	248.0	0.3
←	LEFT (1ex) @ mRBT $ W'hampton along B5395	248.3	0.3
→	RIGHT $ WEM B5476	248.6	0.6
↑	SO (3ex) @ RBT $ WEM B5476 !!Xing A41!!	249.2	12.6
→	RIGHT @ T $ Shrewsbury B5063. PH opp	261.8	0.2
←	LEFT $ Shrewsbury B5476. CH opp	261.9	0.7
→	RIGHT (2ex) @ mRBT $ Shrewsbury B5476 - becomes A528	262.6	8.2
→	RIGHT @ [x] $ BOMERE HEATH	270.8	2.2
←	LEFT @ X $ Shrewsbury	273.0	1.1
→	RIGHT $ LEATON	274.0	0.9

29.5 kilometers. +112/-126 meters

Type	Note	Dist	Next
→	RIGHT @ T $ Walford College onto B5067	275.0	0.4
←	1st fork LEFT on RH bend $ MONTFORD BRIDGE. Mem opp	275.3	2.3
←	LEFT @ T $ MONTFORD BRIDGE	277.6	3.2
←	LEFT @ X $ Bicton B4380	280.7	0.6
→	RIGHT $ Welshpool B4473	281.4	1.6
→	RIGHT @ T $ Welshpool A458	283.0	1.5
↖	LEFT @ [x] $ SHOOTHILL	284.5	24.2
↑	RIGHT then LEFT @ stg X $ Abermule. Xing A490	308.7	2.2
←	LEFT @ X $ Montgomery B4388	310.9	1.7
→	1st RIGHT $ HENDOMEN	312.6	1.3
→	RIGHT @ stg X onto B4385	314.0	1.1
←	LEFT imm before bridge $ ABERMULE onto B4386	315.1	4.7
↑	SO (2ex) @ RBT $ NEWTOWN B4386	319.8	1.2

45.8 kilometers. +298/-298 meters

Type	Note	Dist	Next
←	LEFT @ T $ NEWTOWN !!A483!!	321.1	3.3
←	LEFT (1ex) @ RBT $ TOWN CENTRE A4811 - follow thru to A489	324.3	5.5
→	RIGHT (2ex) @ RBT $ Llanidloes A489 - follow to LLANGURIG - becoming A470	329.9	26.2
←	LEFT (1ex) @ RBT $ RAYADER A470	356.0	0.1
✎	INFO: LLANGURIG - see brevet | 155km to ARRIVEE	356.1	35.3
↑	SO (1ex) @ RBT $ Llandrindod Wells A483	391.4	0.8
→	RIGHT (SO) on LH bend $ Hundred House onto A481	392.2	0.8
↑	SO (1ex) @ RBT	393.0	0.6
→	RIGHT @ grn $ Aberedw B4567	393.6	9.3
→	RIGHT $ BOUGHROOD after Erwood Stn	402.9	7.3
→	RIGHT @ T $ LLYSWEN onto B4350	410.2	0.3

90.4 kilometers. +682/-681 meters

Type	Note	Dist	Next
←	LEFT @ T $ ABERGAVENNY A479 - follow to becoming !!A40!!	410.5	34.3
→	RIGHT (2ex) @ RBT $ LLANFOIST A4143	444.8	0.6
→	RIGHT (2ex) @ RBT $ LLANFOIST A4143	445.3	0.3
←	LEFT (1ex) @ RBT $ LLANFOIST A4143	445.7	0.1
↑	SO @ TL	445.8	0.2
↑	SO (2ex) @ RBT $ LLANFOIST B4246. Food available to left	446.0	0.2
←	LEFT (1ex) @ mRBT $ LLANELLEN B4269	446.2	3.0
←	LEFT @ [x] $ Abergavenny	449.2	0.1
↑	SO @ X. PB on left, xing A4042	449.3	4.6
↑	SO @ X $ LLANVAIR & USK	453.9	1.7
→	RIGHT @ T onto B4598 to USK	455.6	7.3
←	LEFT @ X $ Newport A472	462.9	1.9

52.7 kilometers. +457/-535 meters

Type	Note	Dist	Next
←	Fork LEFT $ CHEPSTOW B4235	464.7	19.0
→	RIGHT @ T $ Newport A466	483.7	0.9
↑	SO @ TL along A466	484.6	0.4
←	LEFT (2ex) @ RBT $ AUST NCN2	485.0	0.2
→	RIGHT onto SP $ AUST NCN2 - follow over bridge	485.2	6.1
→	RIGHT @ T rejoining road $ Avon cycleway	491.3	0.1
←	LEFT (1ex) @ RBT $ Thornbury B4461	491.4	0.1
!	!!Use cycle lane on left!!	491.4	0.1
←	LEFT (SO) along B4461 using cycle lane	491.6	1.5
→	RIGHT on LH bend $ OLVESTON & TOCKINGTON	493.1	3.2
→	RIGHT $ Almondsbury	496.3	2.0
→	RIGHT @ T $ BRISTOL A38 - follow 9km !!Busy!!	498.3	8.9

35.4 kilometers. +394/-338 meters

Type	Note	Dist	Next
←	LEFT @ TL $ EASTVILLE B4469 - follow to M32 RBT	507.2	2.5
→	RIGHT (3ex) @ RBT $ EASTON !!M32 Junc - Busy!!	509.7	0.2
←	Exit RBT $ Mosque !!imm before M32 slip!!	509.9	0.5
→	RIGHT @ TL onto A432	510.4	0.1
←	1st LEFT into St Marks Rd. PH on right	510.5	0.2
→	2nd RIGHT @ [x] into Berwick Rd. Garden of Easton on right	510.7	0.0
✎	ARRIVEE: EASTON - 19 Berwick Rd | 12:26-03:46	510.8	0.0
📍	End of route	510.8	0.0

12.5 kilometers. +17/-79 meters