

Type	Note	Dist	Next
📍	Start of route	0.0	0.0
✍️	DEPART: CHEPSTOW - Bulwark Community Centre 05:00 72km to next CONTROL	0.0	0.1
←	LEFT into Sycamore Ave	0.1	0.1
→	RIGHT @ T. PB on right	0.2	0.3
↑	RIGHT then LEFT @ stg X into Fair View	0.5	0.6
→	RIGHT (3ex) @ RBT \$ Tintern A466 !!Xing A48!!	1.2	0.7
↑	SO @ TL	1.8	0.8
←	LEFT \$ USK B4235. Shop on left	2.6	18.9
→	RIGHT @ T \$ USK onto A472	21.5	2.0
→	RIGHT \$ ABERGAVENNY onto B4598	23.5	10.0
←	LEFT @ T \$ ABERGAVENNY B4598	33.5	5.5
←	LEFT @ T \$ all traffic then...	39.0	0.0
→	Imm fork RIGHT - effective RBT	39.1	0.3

39.1 kilometers. +438/-423 meters

Type	Note	Dist	Next
→	RIGHT (3ex) @ RBT \$ ABERGAVENNY A40	39.4	1.9
←	LEFT @ TL \$ Brecon A40 - follow to A479. Serv on right	41.2	12.5
→	RIGHT \$ TALGARTH A479. PH on right	53.8	16.3
→	RIGHT (2ex) @ RBT \$ BRONLLYS A479	70.1	1.6
↑	SO (2ex) @ RBT \$ BRONLLYS	71.7	0.4
→	RIGHT @ T. PH on right	72.1	0.4
←	Fork LEFT imm before T then...	72.5	0.1
✍️	Imm CONTROL: BRONLLYS - Honey Cafe 07:24-09:28 57km to next CONTROL	72.5	0.1
←	LEFT @ T then...	72.6	0.1
←	Imm LEFT @ T \$ Builth Wells A479	72.7	0.5
←	1st LEFT \$ Builth Wells A479 - follow becomes A470	73.2	3.8

34.1 kilometers. +374/-314 meters

Type	Note	Dist	Next
→	RIGHT \$ BOUGHROOD onto B4350. PH on right	77.0	0.3
←	1st LEFT \$ Painscastle	77.3	7.3
←	LEFT @ T \$ Aberedw onto B4567	84.6	9.2
←	LEFT @ T \$ Builth Wells A481 - follow to A483	93.9	1.5
←	LEFT @ T \$ RHAYADER A483	95.4	0.7
↑	SO (2ex) @ RBT \$ RHAYADER A470	96.1	20.7
↑	SO @ X \$ Aberystwyth A470	116.8	14.7
→	RIGHT (2ex) @ RBT \$ LLANIDLOES A470	131.5	6.4
←	LEFT \$ Tylwch B4518	137.9	0.9
✍️	CONTROL: LLANIDLOES [free] - collect receipt 09:38-14:16 20km to next CHECKPOINT. 65km to next CONTROL	138.8	0.8
←	LEFT (1ex) @ RBT \$ STAYLITTLE & MACH' B4518	139.5	0.1

66.3 kilometers. +646/-576 meters

Type	Note	Dist	Next
←	1st LEFT \$ STAYLITTLE & MACH' B4518	139.7	13.2
←	LEFT \$ MACH'	152.8	6.0
✍️	CHECKPOINT: MACH' MOUNTAIN ROAD - Cadair Viewpoint 10:18-15:36 29km to next INFO. 45km to next CONTROL	158.9	11.5
←	LEFT @ X \$ NCN8 onto A489	170.4	0.5
→	RIGHT @ T \$ Dolgellau A487	170.9	0.6
←	LEFT - dead end \$	171.5	0.5
!	!!Bollards!!	172.1	0.1
←	!!Bollards!! LEFT rejoining A493	172.2	16.1
✍️	INFO: ABERDYFI - Village Hall - see brevet 16km to next CONTROL	188.3	6.5
↑	LEFT (SO) on RH bend into Idris Villas - dead end \$	194.8	0.7
→	Fork RIGHT imm before Level Xing	195.5	2.1
!	!!Bollards on bridge!!	197.6	0.8

58.1 kilometers. +963/-1125 meters

Type	Note	Dist	Next
←	LEFT rejoining road !!Bollards!!	198.5	2.9
←	LEFT @ T \$ Dolgellau A493	201.4	18.0
→	RIGHT on LH bend \$ YHA	219.4	1.4
←	LEFT	220.8	0.0
✍	CONTROL: nr DOLGELLAU - Kings YHA 12:22-19:42 28km to next INFO. 62km to next CHECKPOINT. 89km to ARRIVEE	220.8	0.0
→	RIGHT @ T	220.8	1.4
←	LEFT @ T onto A493	222.2	6.6
→	RIGHT on LH bend \$ Morfa Mawddach	228.8	0.4
→	Fork RIGHT @ Snowdonia boundary then...	229.2	0.0
←	Imm LEFT onto Mawddach Trail SP !!Pedestrians - possible sand & slippery wooden bridge ahead!!	229.2	2.0
←	LEFT rejoining road onto A496	231.2	0.8
→	RIGHT @ T along OWS A496	232.0	0.1

34.4 kilometers. +503/-502 meters

Type	Note	Dist	Next
←	LEFT - OWS ends A496	232.1	16.2
→	Fork RIGHT \$ HARLECH B4573 becomes A496 again	248.3	0.8
✍	INFO: HARLECH - see brevet 34km to next CHECKPOINT. 61km to ARRIVEE	249.1	8.5
←	LEFT \$ PENRHYNDEUDRAETH	257.6	1.8
→	RIGHT \$ BEDDGELEERT	259.4	0.1
↑	SO @ X \$ BEDDGELEERT A4085	259.5	0.9
!	!!Oblique Level Xing!!	260.4	8.8
→	RIGHT @ T \$ BEDDGELEERT onto A498	269.2	2.4
→	RIGHT on LH bend \$ Capel Curig along A498. PH opp, imm after bridge	271.6	12.0
↑	Cont. SO past junc to CHECKPOINT	283.6	0.1
←	LEFT into Pen y Gwryd Hotel 2nd car park	283.7	0.0

51.7 kilometers. +832/-569 meters

Type	Note	Dist	Next
✍	CHECKPOINT: PEN Y GWRYD HOTEL [junc before Pen y Pass] - 2nd car park 14:26-23:52 27km to ARRIVEE U-turn	283.7	0.0
→	RIGHT exiting car park	283.7	0.1
→	1st RIGHT \$ LLANBERIS A4086	283.8	13.7
→	RIGHT (2ex) \$ Bangor A4244	297.5	5.6
↑	SO (2ex) @ RBT \$ Bangor B4547	303.1	2.7
→	RIGHT @ T \$ Bangor B4547	305.8	0.7
←	LEFT (1ex) @ RBT \$ Holyhead A487	306.4	1.0
→	RIGHT (3ex) @ RBT \$ Bangor A487	307.4	0.4
↑	SO (2ex) @ RBT \$ MENAI BRIDGE	307.9	1.7
←	LEFT (1ex) @ RBT \$ MENAI BRIDGE A5	309.5	0.6
↑	SO (1ex) @ RBT \$ Holyhead A5	310.1	0.2

26.4 kilometers. +324/-578 meters

Type	Note	Dist	Next
✍	ARRIVEE: MENAI BRIDGE - Menai Heritage Thomas Telford Centre 15:20-01:40	310.3	0.0

0.2 kilometers. +0/-0 meters

Type	Note	Dist	Next
📍	Start of route	0.0	0.0
✍️	DEPART: MENAI BRIDGE - Scout & Guide Hut 06:00 99km to next INFO. 143km to next CONTROL	0.0	0.1
←	Left onto NCR 5/A5	0.1	0.6
↘	RIGHT (2ex) @ RBT \$ Caernarfon A487 - follow retracing to B4547	0.6	3.0
→	RIGHT (3ex) @ RBT \$ Y FELINHELI B4547	3.7	0.8
↑	SO \$ Y FELINHELI	4.5	4.2
↑	SO (2ex) @ RBT \$ Bethel	8.7	1.5
↑	SO (2ex) @RBT \$ Yst Ddiw	10.3	1.7
←	LEFT @ T \$ BEDDGELERT A4086	11.9	0.4
→	1st RIGHT \$ BEDDGELERT	12.3	2.0
←	LEFT (1ex) @ RBT \$ BEDDGELERT A4085	14.3	17.5
→	RIGHT over bridge becoming A498	31.8	2.4
←	LEFT \$ MAENTWROG A4085	34.3	8.7

34.3 kilometers. +442/-423 meters

Type	Note	Dist	Next
!	!!Oblique Level Xing!!	43.0	1.0
↑	SO @ X \$ HARLECH	44.0	0.1
←	LEFT @ T \$ HARLECH	44.1	1.8
→	RIGHT @ T \$ HARLECH A496	45.9	3.1
→	RIGHT \$ HARLECH & BARMOUTH A496	49.1	23.2
→	RIGHT \$ NCN 8 & BARMOUTH BRIDGE SP !!Pedestrians - possible sand & slippery wooden bridge ahead!!	72.3	2.0
→	RIGHT rejoining road then...	74.3	0.0
←	Imm LEFT along road	74.3	0.4
→	RIGHT @ T onto A493. Mem opp	74.8	2.5
!	TL lane control !!SINGLE FILE - Lights may change against you as climbing!!	77.3	8.9
→	RIGHT \$ TONFANAU	86.2	2.9
→	RIGHT onto SP !!Bollards!! 400m after Tonfanau Stn	89.1	2.9

54.8 kilometers. +457/-495 meters

Type	Note	Dist	Next
←	LEFT @ T \$ town centre	92.0	0.7
↑	RIGHT (SO) @ T \$ ABERDYFI A493	92.8	6.5
✍️	INFO: ABERDYFI - Village Hall - see brevet 44km to next CONTROL	99.3	16.7
←	LEFT @ T \$ Dollgellau A487	116.0	0.3
→	1st RIGHT \$ LLANWRIN onto B4404	116.3	7.5
←	LEFT @ T \$ Newtown A489	123.7	0.6
→	RIGHT (2ex) @ RBT \$ Newtown A470	124.3	12.7
!	TL lane control !!SINGLE FILE - Lights may change against you as climbing!!	137.0	5.8
✍️	CONTROL: CARNO - Aleppo Merchant Inn (food until 12:15) 10:46-15:32 49km to next CONTROL	142.8	6.2
←	LEFT \$ LLANWNOG & ABERHAFESP B4568	149.0	11.3
→	RIGHT (3ex) @ RBT \$ TOWN CENTRE B4568	160.3	0.7

71.2 kilometers. +824/-718 meters

Type	Note	Dist	Next
→	RIGHT @ TL \$ Llandrindod Wells	161.0	0.4
←	LEFT @ TL \$ Llandrindod Wells	161.4	0.8
←	LEFT (1ex) @ RBT - 7.5T max \$	162.1	3.2
←	LEFT @ T onto A483	165.3	0.8
↑	Fork 2nd LEFT (SO) on RH bend \$ KNIGHTON B4355	166.2	27.5
←	LEFT @ T \$ town centre then...	193.7	0.1
←	Imm LEFT into Offa's Dyke Centre	193.8	0.0
✍️	CONTROL: KNIGHTON - Offa's Dyke Centre 12:28-18:56 57km to next CONTROL	193.8	0.0
←	LEFT exiting	193.8	0.6
→	Fork RIGHT \$ PRESTEIGNE B4355	194.5	2.8
→	RIGHT \$ WHITON & WALTON B4357	197.3	2.8
!	!!GW lane control on descent!!	200.1	0.1

39.8 kilometers. +665/-578 meters

Type	Note	Dist	Next
↑	SO @ X \$ EVENJOB & WALTON B4357	200.2	8.1
←	LEFT @ T \$ Leominster !!A44!!	208.3	4.7
→	RIGHT \$ KINGTON	213.0	0.5
→	RIGHT \$ BRILLEY	213.5	11.1
↑	RIGHT (SO) onto A438 !!Steep descent on approach - blind left!!	224.7	5.4
←	LEFT @ ▲ [x] \$ HAY ON WYE B4351	230.1	2.1
→	RIGHT @ T \$ Brecon B4350	232.1	0.6
←	LEFT \$ NCN 42 & CAPEL Y FFIN	232.7	13.0
!	!!Poor surface after Capel y Ffin and again after newly surfaced 'Landslip Corner'!!	245.7	5.4
→	RIGHT @ ▲ opp Priory !!Gravel!! then...	251.1	0.0

51.0 kilometers. +928/-891 meters

Type	Note	Dist	Next
✍	Imm CONTROL: LLANTHONY - Treat's Camping & Cafe - continue through gate 14:24-22:48 39km to next INFO. 62km to ARRIVEE	251.1	0.0
→	RIGHT rejoining road	251.2	9.7
←	LEFT @ T \$ Hereford. PH on right	260.9	0.3
←	LEFT @ T \$ Hereford !!A465!!	261.1	0.2
→	1st RIGHT \$ Grosmont	261.3	5.4
→	RIGHT \$ COLD ASH	266.7	4.5
←	LEFT @ T \$ Skefrith B4521	271.3	1.2
→	1st RIGHT @ [x] \$ MONMOUTH	272.5	2.9
→	RIGHT @ T \$ MONMOUTH onto B4347	275.4	6.2
↑	LEFT (SO) @ T onto B4233	281.6	1.8
↑	SO (1ex) @ RBT	283.4	0.6
↑	SO (2ex) @ RBT	284.1	0.3

33.0 kilometers. +377/-581 meters

Type	Note	Dist	Next
↑	SO (1ex) @ RBT \$ Town centre	284.4	0.2
↑	LEFT (1ex) @ RBT. PH on right	284.6	0.0
!	!!Pedestrinas - Bollards!!	284.6	0.1
↑	LEFT (SO) @ T !!Bollards!!	284.7	0.7
→	RIGHT @ TL \$ Leisure Centre	285.4	0.2
←	LEFT on OWS \$ Leisure Centre	285.7	0.1
→	2nd RIGHT \$ Canoeing !!Easily Missed!!	285.8	0.1
→	RIGHT adjacent River Wye	285.9	0.2
!	!!Dismount 25m!! & fork LEFT back to road	286.0	0.0
←	LEFT rejoining road onto A466 !!Take Care!!	286.1	0.2
→	RIGHT (2ex) @ mRBT \$ TINTERN & CHEPSTOW A466 - follow to A48 RBT	286.3	4.0

2.2 kilometers. +14/-14 meters

Type	Note	Dist	Next
✍	CHECKPOINT: REDBROOK - Village Stores & PO - use stamp in box on left 23km to ARRIVEE	290.3	21.5
↖	LEFT (2ex) @ RBT \$ Aust NCN	311.8	0.6
↑	RIGHT then LEFT @ stg X into Maple Ave	312.4	0.4
←	LEFT \$ BULWARK COMMUNITY CENTRE	312.8	0.1
→	RIGHT @ T onto Laburnum Way	312.9	0.1
✍	ARRIVEE: CHEPSTOW - Bulwark Community Centre 16:26-02:52	313.0	0.0
📍	End of route	313.0	0.0

26.7 kilometers. +356/-322 meters